

## B R E A K F A S T

## Acai Yogurt and Fruit Toast



*\*Recipe makes 1 serving\**

PLATE SECTIONS FULFILLED:



Protein



Fats



Carbohydrates



Vegetables



Extras

## INGREDIENTS

- ½ cup blueberry or flavored Greek yogurt
- 2 tsp acai powder
- 2 slices Ezekiel bread or other whole grain bread
- ½ cup chopped strawberries
- 2 tbsp dark chocolate chips
- 1 tbsp shredded unsweetened coconut

## INSTRUCTIONS

1. In a small bowl, whisk together the yogurt and acai powder.
2. Toast bread lightly. Spread yogurt mixture between slices.
3. Top with strawberries, chocolate and coconut.