

# Chocolate Protein Pudding



## PLATE SECTIONS FULFILLED:



Protein



Fats



Carbohydrates



Vegetables



Extras

## INGREDIENTS

- 1/3 cup vanilla protein powder
- 3 tablespoons unsweetened almond milk
- 1 tablespoon almond or peanut butter
- 1 tablespoon unsweetened coconut
- 1 tablespoon unsweetened cocoa powder
- Sprinkles

## INSTRUCTIONS

1. Combine all of the ingredients in a medium bowl.
2. Refrigerate for 30 minutes.
3. Devour!